

# Army Values Unit Training Guidance

1. Overview. This training package provides tools and guidance to help you build and conduct a custom training session on the 7 Army Values. AR 350-1 requires that each Soldier in a unit receive a minimum of one hour of training on Army Values each year.
2. Training Package Contents.
  - *Facilitator Best Practices*: Tips and techniques to help you become a more effective facilitator.
  - “Living the Army Values”: A five-minute inspirational video that illustrates and defines the Army Values from the perspectives of many Soldiers.
  - One page for each of the Army Values which includes:
    - One informational video for each Army Value (3 minutes each)
    - Two video case study exercises (Case-Ex) for each Army Value ( 4-6 Minutes each)
    - Facilitator Guide
3. What is a Case-Ex? A video case study exercise vignette (Case-Ex) is a Soldier’s personal story combined with onscreen and supplemental questions designed to guide a rich group discussion of the story and how it relates to a Soldiers understanding of the Army Values. Each Case-Ex includes two videos which are 2-3 minutes each. Part 1 contains an introduction and identifies a particular moral dilemma confronting the Soldier. Part 2 contains the actions taken by the Soldier and the conclusion. Remember...the learning occurs during **discussion**.
4. Accessing the Training. On the Home Page, click the *Access the Army Values Training* link or *Access the Living Army Values Video* link. Clicking the *Access the Living the Army Values Video* link allows you to show a 5 minute overview video on a Leaders perspective of the Seven Army Values and includes a facilitator’s guide to assist you as you conduct this training. Clicking the *Access the Army Values Training* link allows you to view and select a Case-Ex and/or video for your training session. If you mouse over the name of the Case-Ex or video a brief description appears of the vignette or video. To select a Case-Ex either click the picture of the Soldier or Army Value or the box to the left of each. Once selected, the vignette will be added to your training cart. There is an option to unclick a Case-Ex by clicking the picture or the box again or you can clear your cart entirely by clicking the clear cart tab on the top or bottom of the page.
5. Conduct. To review or begin your training session, click the Launch Training button on the top or bottom of the Case Study Training Cart page. This button will take you to a page that

## ARMY VALUES Training

The Center for the Army Profession and Ethic

<http://cape.army.mil/>



only shows those vignettes you selected as part of your training session. To make changes to your training session click the back button. To begin training, click the name of the Case-Ex or video. Clicking this takes you directly to the Case-Ex page. This page provides a downloadable facilitator guide and Parts 1 and 2 of the Case-Ex. To launch the next vignette, click the Training Cart button on the bottom of the page.

## 6. Recommended Preparation and Training Plan.

### Preparation.

- Locate Training site and determine capabilities (Internet or Not).
- Choose and review the videos and questions.
- Print and review each facilitator guide for the selected vignette and video.
- If there is No Internet capability at your training location you will need to download training session to a DVD. Otherwise, you can train online.
- Study *Facilitator Best Practices*.
- Rehearse your presentation as a facilitator.

### Training.

- Read Facilitator Motivator and opening question.
- Play Introductory Video for Army Value.
- Play part 1 (2-3 minutes).
- Facilitate a group discussion of the Army Value using the questions provided or as noted in the facilitator guide you can develop and use your own.
- Play part 2 (2-3 minutes).
- Facilitate a group discussion of the Army Value using the questions provided or as noted in the facilitator guide you can develop and use your own.
- Conclude the Case-Ex and proceed to next selected vignette or video.

7. Support. This product was developed by the Center for the Army Profession and Ethic (CAPE). For questions concerning this training or for more information visit the CAPE website at <http://cape.army.mil>, call our office at (845) 938-0467, or email us at CAPE.CAC@us.army.mil.

