

The American people place special trust and confidence in the Army as a profession that considers honorable service to the Nation its highest priority. Trust is the bedrock of the Army's relationship with the American people. Our professional responsibility is to preserve this earned trust. Within the Army Profession, mutual trust is the organizing principle necessary to build cohesive teams. Below are some discussions or games you can utilize:

#### Develop - Internal and External trust

1. Hand out a 3x5 cards to each student – have them write down the names of three people they trust and identify in what way those people have demonstrated they are trustworthy? Identify key characteristics of those people you trust... On the reverse side of the card write the name of someone you lost trust in. Identify key characteristics of the people that lost that trust, was trust ever regained? How? For each group write top two characteristics on Board and discuss how they can be reinforced and or changed?
2. Divide the class into small groups. Have each group develop a list of do's and don'ts for being a trustworthy person. *Have* them make oral reports to the class addressing the following questions:
  - A. What happens when Soldiers live in accordance with these guidelines? What happens when they don't?
  - B. In what ways does trustworthy and untrustworthy behavior affect our squad and organization? In what ways can/do young Soldiers demonstrate trustworthiness?
3. Have the students watch a video, paying particular attention to the behavior of the main characters with regard to trustworthiness. How much trustworthy behavior did they find? How much untrustworthy behavior? Have a class discussion about these issues.
4. Most people consider loyalty to be an important part of trustworthiness. What, exactly, is loyalty? Who should be loyal to whom or what, and under what circumstances? When is loyalty appropriate, and when might it be a bad thing? Give some specific examples. Break the class into small groups to ponder these issues and have each group give an oral report to the class.