

# Case-Study Exercise: Personal Courage

**Personal Courage: Live up to the Army Values.**

**Motivator:** Face fear, danger or adversity- we overcome fears of bodily harm to do our duty and moral, as we seek to do what is right even when unpopular. In both cases, we know what we need to do and—despite the risk to ourselves—we do it.

<b>Facilitator opening question:</b>	Q- How do American Soldiers display Personal Courage?
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“Our Soldiers have often defined valor by facing their fears and sacrificing all for what we believe. Personal Courage can be shown by entering a burning building or in the middle of a kill zone. It can also be shown by a Soldier confronting a buddy who has made a wrong choice or questioning a leader. Personal Courage emerges from fear and turns our decisions into actions. ”

<b>Facilitator Questions-</b>	Q-Give a couple of examples of when you had to demonstrate courage? Q- How have you observed Personal Courage since joining the Army?
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**Facilitator now transition to selected Case- Ex vignette.**

